Competencies

Claire Blythe- RDH

# Health Promotion and community

* Provide oral health services in a variety of delivery settings within a community
	+ Achieved by: Volunteering and providing much needed services to programs such as Give Kids A Smile and a public-school sealant program
* Identify the oral health needs, and risk factors, of individuals/populations and facilitate the development of care strategies appropriate for their value/ belief systems
	+ Achieved by: Surveying the community and administering an oral health promotion presentation for senior citizens at Friendship Village- an assisted living facility
* Assess, plan implement and evaluate community-based oral health programs
	+ Achieved by: encouraging my. Peers to participate in events with local schools, communities, and/ or churches to kick start oral health programs

# Patient care

* Recognize medications and health conditions that require modifications in treatment
	+ Achieved by: thoroughly updating patient health and medication histories and researching any medications as well as health conditions to verify any contraindications with treatment
* Identify dental and/or medical risk factors that require dental hygiene interventions
	+ Achieved by: researching medications and/ or hospitalizations/surgeries that will require modifications to dental treatment as well as continuing education courses to educate myself on how best to care for individuals with certain medical concerns
* Identify the patient/client at risk for a medical emergency, and be prepared to prevent or manage such emergencies
	+ Achieved by: staying up to date on CPR certification and being aware on proper usage of all items present in an office emergency kit
* Identify the need for radiographic examination, expose, and produce radiographs of diagnostic quality
	+ Achieved by: following ALARA to ensure patients receive radiographic diagnosis of any dental concerns
* Manage pain and anxiety using accepted clinical and behavior management methods
	+ Achieved by: ensuring patient comfort and support through casual, motivational conversation. When utilizing local anesthesia, I am being sure to be safe, quick, and effective.
* Evaluate and implement accepted methods of disease prevention transmission
	+ STLCC clinic follows the most current guidelines for methods of disease prevention, but also attending continuing education courses to stay up to date on methods of asepsis
* Perform basic scaling and advanced periodontal debridement procedures without causing trauma to hard and soft tissues
	+ Achieved by: graduating from an accredited program where I was observed by instructors and given hands- on instruction on hand instrumentation and power scaling
* Review and incorporate work environment procedures to minimize the incidence of occupational hazards
	+ Achieved by: keeping up to date on clinic policies, as well as SDS in order to prevent a hazardous environment

# Professionalism

* Take responsible dental hygiene actions using evidence-based dental hygiene interventions
	+ Achieved by: treating and diagnosing patients with the best standard of care after assessment data is collected and creating a personalized treatment plan for each patient
* Sustain life-long learning and continuous self- assessment in order to provide contemporary clinical care and facilitate professional growth
	+ Achieved by: keeping up to date on continuing education courses as well as new techniques, equipment, and technology to improve oral health care
* Ensure the privacy and confidentiality of the patient/ client for all dental hygiene encounters and accuracy of patient records
	+ Achieved by: precisely documenting all services completed in patient charts and keeping charts well organized and accurately documented
* Provide care that is humane, empathetic, and caring for all individuals and communities without discrimination
	+ Achieved by: providing and caring for all patients equally and respectfully
* Promote the values of the dental hygiene profession to the public, and to other health care professionals and organizations
	+ Achieved by: continuing to volunteer and engage in programs such as Give Kids a Smile and the public. School sealant program to lead patients to be motivated to care for their oral health conditions